**GRC CLEANING PROCEDURES** (from week beginning 29th June 2020)

**Safety is our priority – please refer to Scottish Rowing Guidance for Rowing. Please do not come to the club if you feel unwell, or you or someone you live with has symptoms of COVID-19.** At all times observe appropriate minimum social distancing measures, as currently recommended by the Scottish Government and Scottish Rowing

Observe current GRC flow guidelines

ON ARRIVAL AT CLUB:

Clean hands using **hand sanitiser** Please bring your own suitable personal pack of sanitiser, wipes, gloves, first aid supplies. There are hand and surface hygiene products also at the club.

During your time at the club avoid touching face, especially eyes, nose and mouth

CLEAN THE EQUIPMENT:

Use soapy water and sponges. New red buckets, sponges, cloths and washing up liquid are provided. Disinfectant wipes where necessary.

ON LEAVING THE CLUB:

Clean hands using **hand sanitiser**

**AVAILABLE CLEANING PRODUCTS FOR DIFFERENT USES:**

**Hand sanitiser (70-80% alcohol)**

**Hand wash and paper towels**

**Washing up liquid**

**Disinfectant hand wipes and surface wipes**

**Karcher steam cleaner**

**Washable microfibre cloths**

Please keep everything tidy

Please take your own drink and snack packaging home with you

Please place disposable items like wipes in bin OR even better, take your own things home in a suitable bag

Please change club bin bags BEFORE the bin is completely full

Please take your turn taking bin bags away in boot of car for disposal at dump or home bin