

COVID 19 Risk Assessment for Glasgow Rowing Club

Risk Assessment Matrix

	Severity of Outcome		
Probability of Accidents	Slightly harmful (Low)	Harmful (Medium)	Extremely harmful (High)
Highly unlikely (Low)	Trivial Risk	Tolerable Risk	Moderate Risk
Unlikely (Medium)	Tolerable Risk	Moderate Risk	Substantial Risk
Likely (High)	Moderate Risk	Substantial Risk	Intolerable Risk

Risks and Actions

RISK LEVEL	ACTION AND TIMESCALE
Trivial	No action required.
Tolerable	No additional controls are required. Consideration may be given to a more effective solution or improvement.
Moderate	Efforts should be made to reduce the risk. Risk reduction measures should be implemented within a defined time period. Where the moderate risk is associated with harmful/serious consequences further assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures.
Substantial	The activity should not be started until the risk has been reduced. Considerable resources may have to be allocated to reduce the risk. Where the risk involves activity already in progress, urgent action should be taken.
Intolerable	Activity should not be started or continued until the risk has been reduced. If it is not possible to reduce risk even with unlimited resources, activity has to remain prohibited.

Risks of COVID 19 to the Club

Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
Incident requiring First aid				
Someone has an injury requiring immediate first aid response and may or may not show symptoms of COVID 19	Low	Medium	Tolerable	Rower should administer First aid if at all possible. If assistance is required first aider present should follow HSE guidance for First aid during COVID-19 pandemic Use Personal Protective Equipment if and when treating the injury. Limit the time they are sharing breathing space to limit exposure to potential virus. Clean all surfaces and contact points with hot soapy water and disinfectant wipes.
Someone has an injury requiring resuscitation and they may or may not have been showing symptoms of COVID 19	Low	High	Substantial	Call 999 and tell the operator the victim is showing symptoms of COVID-19. First aider present should follow HSE guidance for First aid during COVID-19 pandemic Use Personal Protective Equipment while performing chest compression (if required). Rescue breaths should not be given. Follow Covid19 resuscitation guidance available at GRC (document printed and on notice board) Follow Paramedic advice when they arrive Clean all surfaces and contact points with hot soapy water and disinfectant wipes. If significant risk of covid19 the club should be cleaned thoroughly and sanitised

Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
Travelling to the Club				

Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
Known exposure to COVID 19 by traveling to club by Public Transport	Medium	High	Tolerable	Rower should not enter the club grounds or Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others.
Known exposure to COVID 19 by traveling to club by Private Car	Medium	High	Tolerable	Rower should not enter the club grounds or Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others.
Known exposure to COVID 19 by walking or cycling to the club	Low	High	Tolerable	Rower should not enter the club grounds or Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others.
Known exposure to COVID 19 when using the club's facilities	Low	High	Substantial	Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others.

Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
Accessing the Boathouse				
<p>Exposure to person showing symptoms or asymptomatic Covid19 whilst entering or exiting the club</p> <p>Person shows symptoms after being in the boathouse within the last three days</p>	<p>Medium</p> <p>Medium</p>	<p>High</p>	<p>Substantial</p>	<p>One way system in operation- entering via the car park- proceed down slope onto hard standing and then access boathouse/ steps from there Entering via the river path- proceed across the hard standing and access boathouse and steps unless the club numbers exceed recommended levels in which case the rower should proceed up the steps and wait at the car park until numbers are acceptable Leaving the club via the steps to the car park Self isolate until contacted by Test and Protect and follow their guidance. If any rower develops symptoms they should self isolate, book a Covid 19 test and follow Test and Protect guidance</p> <p>Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and maintain 2m distance from others.</p>
<p>Exposure to COVID 19 within the club</p>	<p>Medium</p>	<p>High</p>	<p>Substantial</p>	<p>Rower should leave the club as soon as aware of exposure time at club. Mask wearing / face covering and maintain 2m distance from others. Self isolate until contacted by Test and Protect and follow their guidance. If any rower develops symptoms they should self isolate, book a Covid 19 test and follow Test and Protect guidance</p>
<p>Contaminated surfaces within the boathouse</p>	<p>Medium</p>	<p>High</p>	<p>Tolerable</p>	<p>Surfaces are cleaned after every rower touches or uses equipment Hand sanitiser/ hand washing facilities are available Boats/ blades are washed with water and detergent after every use and no use by another rower until equipment is washed. Club is sanitised and undergoes a deep clean.</p>

Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
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Accessing Equipment in the Boathouse				
Person shows symptoms after being in the boathouse within the last three days	Medium	High	Substantial	Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others
Exposure to COVID 19 within the club	Medium	High	Substantial	Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others
Contaminated surfaces within the boathouse	Medium	High	Tolerable	Surfaces are cleaned after every rower touches or uses equipment Hand sanitiser/ hand washing facilities are available Boats/ blades are washed with water and detergent after every use and no use by another rower until equipment is washed. Club is sanitised and undergoes a deep clean.
Person who is shielding visits the boathouse	Low	Medium	Tolerable	Person shielding advised to follow the NHS guidelines and stay at home. All club users should be wearing masks/ maintaining 2m social distancing Surfaces washed and sanitised after use Outdoor exposure only as club house is not being used
Someone present is showing symptoms or has been in contact with someone who has Covid19	Medium	High	Substantial	Rower instructed to leave the club and go home. Rower should self isolate and follow NHS guidelines. Equipment cleaned with detergent and water and using PPE if not cleaned by rower themselves eg gloves/ mask/ plastic apron Booking system identifies people most at risk from exposure for Test and Protect information Club is sanitised and undergoes a deep clean.

Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
Going Afloat or Landing				
Someone present is showing symptoms or has been in contact with someone who has Covid19	Medium	High	Substantial	Rower instructed to leave the club and go home. Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others

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Rowing or Sculling				
Someone present is showing symptoms or has been in contact with someone who has. Identified during rowing or sculling but impact when landing.	Medium	High	Tolerable	Rower should leave the club as soon as aware of exposure Rower should self isolate and follow the NHS guidelines. Club is sanitised and undergoes a deep clean. Test and Protect member contact during time at club. Masks are worn until on the water and on return and maintain 2m distance from others

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Use of Toilet Facilities				
Someone present is showing symptoms or has been in contact with someone who has Covid19	Medium	High	Intolerable	Restrict access to toilet facilities – only single stand alone disabled toilet in use All surfaces are cleaned after every use by the individual using them Surfaces are cleaned and sanitised after the identified case of Covid19 Allow 24 hours for virus elimination Clean again using detergents and bleach Allow use by rowers after this period