

Glasgow Rowing Club

Regatta 2017

13th May 2017

Information for Competitors

Please read the following carefully as this will help to keep to schedule and help towards a smoothly run event enjoyed by all.

Racing will be held under Scottish Rules of Racing which can be found on the Scottish Rowing website at: www.scottish-rowing.org.uk/index.php/takingpart/competition/rules.

Circulation Pattern

If boating from the Glasgow Rowing Club steps, please follow the step marshals' instructions. Boats should launch with **bows facing downstream** and move away downstream from the steps to keep clear of the finish area. Once downstream from the boathouse, turn your boat to face upstream when safe to do so and keep close to the **north bank** of the river (please see map).

If boating from other clubs on the Clyde, proceed upstream on the **north bank** of the river as usual.

Passage to Start

Proceed upstream close to the north bank of the river, obeying any marshalling instructions. Pass through bridges using the north archway.

At Rutherglen Bridge (a.k.a 2k Bridge) you may be asked to wait for a race to pass as the river narrows just after this bridge. Only proceed upstream on instruction from a marshal.

You are expected to be in the "staging area" above the start line no later than 10 minutes before the start time of your race. Please allow adequate time to reach the start line. You will be instructed to assemble with your competitor in the staging area and proceed onto the start together. Failure to be in the staging area **before** the start time of your race may result in your disqualification and your competitor being instructed to row over the course. Your race **will not** be delayed by failure to be in the staging area before your race.

All competitors must obey marshalling instructions at all times while on the water.

Racing

Racing will be held over a distance of approximately 1100m, starting from around the Smart Bridge at Cowan's Bend.

For OJ14 events, races will be held on a shorter course of 500m starting from the top of the straight immediately upstream of the GRC Boathouse.

Umpires will align crews on the start before starting the race. Please respond to umpires and marshal's instructions promptly while in the starting area.

Both distances will finish a small distance upstream from the GRC Boathouse, which will be manned by an umpire during all races.

Please be aware of which side of the river you will be racing on (see map). This has been allocated and can be found in the draw. Both crews are to race through the centre arch of Rutherglen/2k Bridge while taking care not to clash oars. Crews on the south bank may choose to pass through the remaining pillars of Polmadie Footbridge using the south span or the centre span. Crews on the north bank **must** pass through the centre span.

There will be lane separator buoys: one above the 500m start and one above the finish line. Crews on the north bank must pass these on the north side and crews on the south bank must pass these on the south side. Competitors risk **penalty or disqualification** for taking unfair advantage or encroaching on the opposition's position, including passing on the wrong side of a buoy.

Above all else, the umpire's decision is final. Please respect this.

Safety

Safety buoys are positioned on the course above the remaining pillars of the Polmadie Footbridge. These are to indicate the position of the pillars and care must be taken to avoid these.

Launches and oared boats will be on the river at key points, as indicated on the map, to assist should they be needed. These boats will keep out of the line of racing, however, the boat positioned above the Polmadie Footbridge is close to the racing course for a boat choosing to pass through the south arch. Please take care approaching this area.

If an incident should occur which requires assistance, please notify the umpires who will contact Race Control and get assistance.

Registration

All competitors (or a representative) **must** report to Race Control at least one hour before the start of your race. A club representative **must** advise of any scratchings. Failure to register one hour before the race start time will result in you not being allowed to start.

Viewing and Supporting

Races can be viewed from the bank upstream of the GRC Boathouse.

The Polmadie Footbridge no longer exists, however there are alternative routes to reach the north bank of the river using either King's Bridge (downstream) or Rutherglen Bridge (upstream).

Tearoom and BBQ

It is important for athletes to stay fuelled throughout the day. In our boathouse there will be a tearoom providing home-baking and, weather permitting, we will have a BBQ on the go as well.

Prize Giving

Winning crews are invited to receive their prize(s) at our prize giving ceremony from 18:00pm at the GRC Boathouse. Supporters are more than welcome to come along too!