



**To be held under SARA rules on Saturday 11th April 2009 on the River Clyde over a downstream course of 1150 m.**  
**ENTRIES CLOSE ON SUNDAY 5th APRIL At 3:00 pm.**  
**Presentation Tankards for all events.**  
**Senior £6, Junior £4, coxes free.**

| events              |       | eight              | four (coxed)        | quad   | quad (coxed)   | pair   | double                 | single                 | Alden 1x (250m) |
|---------------------|-------|--------------------|---------------------|--------|----------------|--------|------------------------|------------------------|-----------------|
| Senior              | Men   | Open, Res2, Novice | Open, Res2, Novice  | Open   | Res2           | Open   | Open, Res2, Novice     | Open, Res2, Novice     |                 |
|                     | Women | Open, Res2, Novice | Open, Res2, Novice  | Open   | Res2           | Open   | Open, Res2, Novice     | Open, Res2, Novice     |                 |
| Junior              | Open  |                    | OpJu18, OpJu16      | OpJu18 | OpJu14, OpJu12 | OpJu18 | OpJu18, OpJu16, OpJu14 | OpJu18, OpJu16, OpJu14 | OpJu12          |
|                     | Women |                    | Ju18, Ju16          |        | Ju15           | Ju18   | Ju18, Ju16, Ju15       | Ju18, Ju16, Ju15       |                 |
| Mixed (see notes)   |       | "Club"             | Res1, Res2, Novice  |        | Res2           |        | Res2                   |                        |                 |
| Veteran (see notes) | Men   |                    | Veteran, Vet.Novice |        | Vet.Novice     |        | Veteran                | Veteran, Vet.Novice    |                 |
|                     | Women |                    | Veteran, Vet.Novice |        | Vet.Novice     |        | Veteran                | Veteran, Vet.Novice    |                 |

**entries** The on-line entry system will be available from Sunday 22 March on the GRC web site.

[www.glasgowrowingclub.org/Events](http://www.glasgowrowingclub.org/Events)

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# Glasgow Rowing Club

## Glasgow Spring Regatta

### NOTES

- **"Club" eights** - this is a 'Mixed' event, i.e. 4 women, 4 men. Additionally, each crew must include at least 2 junior and 2 veteran rowers. The crew status must not be higher than Res 2.
- **Mixed events** - half of the crew of either sex, e.g. for fours there must be 2 men and 2 women.
- **OpJu events** - these are open to crews comprising junior competitors, of either sex, that meet the applicable age requirement.
- Please remember that since the rule change agreed at the SARA AGM of 2008
  - **Restricted 1** status means the crew average is no more than **6 points** and
  - **Restricted 2** status means the crew average is no more than **2 points**.
- **Veteran events**
  - **Veteran Novice** events will be run **with no handicap** and subject to there being a minimum of 3 entries. **Where there are fewer than 5 veteran (open and novice) entries, a single handicapped event may (at the discretion of the organizing committee) be run.**
  - Where possible, **Veteran events** will be run within a single category, or else over a **maximum of 3 adjacent categories** using the standard handicapping process.
- **Alden sculls** will race over a short course of approximately 250m. All other events will race over the full course.

- **Entry fees** -
  - **Senior** - £6 per seat, excluding coxes.
  - **Junior** - £4.00 per seat, excluding coxes.
  - Entry fees incorporate the SARA levy.
- **Entries** must be made by a responsible member of the Club (e.g. Captain, Secretary) and must be received by the Entries Secretary by Sunday, 5th April 2009 at 3.00 p.m. **NO LATE ENTRIES WILL BE ACCEPTED.**
- **The draw** will be made at the GRC boat house on Monday 6 April at 6:30pm.
- All competitors must possess a current racing licence issued by SARA (or other governing body). Licence numbers must be supplied or else competitors may need to apply for a SARA Day Ticket.
- Multiple Entries (for competitors OR equipment) must be clearly indicated, more than 2 events per competitor may result in very short turn-around times.

- Any event with only 3 entries will be run as a 'round-robin' contest, i.e. each crew will race both others. In the event of a tie after all three races, a tie-breaker race involving all 3 crews will be held, over 500m from the top of the finish straight to the finish line.
- All other events will be in the usual, knockout, format.
- Once entries are closed, if any event has less than 3 entries the crews may be entered into the next highest event, if applicable and if the crews are willing. Events with fewer than 3 entries may be cancelled. We do not intend to run any 2-boat events.