

INSTRUCTIONS FOR CREWS

◆ Please note that due to building works in the Gorbals, access to Glasgow Rowing Club is only possible by car via Caledonia Road.

◆ Numbers will be available from 9.00AM.

◆ **£5.00 DEPOSIT ON NUMBERS**

◆ Boating

High order crews should attempt to boat first. 10.15 AM for Race 1 and 12.45 PM for Race 2.

Remember any crew not **on the water** 45 minutes before race start time will probably **not** reach the time gate at Dalmarnock Railway Bridge. At this point no crews will be allowed to pass upstream less than 20 minutes before race start time.

All crews failing to pass this point will be instructed to return to their boating point immediately.

◆ Marshalling at Start

Even numbered crews should position themselves facing upstream in racing order between points A and B on the south bank with the odd numbered crews between C and D on the north bank.

All crews should **face upstream** and only turn into the course when instructed by a marshal.

Time penalties will applied as follows:

Crews must be on their marshalling station or above the start five minutes before race start time. A 5 second penalty will be added for any minute or part of minute thereafter.

A minimum 15-second gap will be applied between all crews. Those choosing to ignore the umpire's instruction risk disqualification.

Crews should only go round the bend at the top of the start straight when under the control of a marshal. Care should be exercised in this

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location due to the presence of the remains of the supports for an old bridge.

◆ Finish

The finish has been moved to the viewing platform.

Crews who have finished racing must continue downstream for at least 150M before turning. Those returning upstream must stay close to the north bank and obey all Umpires/Marshalls instructions. Remember those crews still racing on the course have priority.

Crews should only pass George Parsonage's Pontoons and cross over above Kings Bridge when instructed by umpires or marshalls.

◆ Course Obstructions

Crews should be aware of islands on first bend and stay in main channel. This bend is extremely tight.

Non-Glasgow crews beware!!

Crews should note the presence of the outfalls from the sewage works.

Crews should be aware of the stakes close to the south bank above Rutherglen Bridge.

◆ Most importantly - **enjoy your days racing.**